# Extended Instrumental Variables Methods 

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## Introduction

## - Definition

- Estimation of effects based on
- Complex ordered systems of variables
- Most naturally depicted graphically
- Effects based on combination/integration of effects from component parts
$\square$ Instrumental variables (IV) used to estimate (some of) component effects


## Overview

- Motivating example
- Vascular access (VA) in hemodialysis
- Show relationships among variables
- Explain why IV methods inadequate
$\square$ Sketch alternative approach(es)
- Alternative estimands
- Other examples: gene expression
- Mediation analyses
- Further work/extensions


## Vascular access in hemodialysis

- Hemodialysis
- One of main treatment options in end-stage renal disease (ESRD)
- Requires access to vascular system
- Three main types
- Catheter
- Synthetic material
- Native arteriovenous fistula (AVF)


## Vascular access (cont'd)

- Type of VA (A) partially determines dose of dialysis (DD; S)
- Native AVF allows larger doses than catheter
- DD may affect outcomes (e.g., mortality)
- VA may have effects on outcome (Y) not mediated by dose (e.g., infection)
- Incomplete directed acyclic graph (DAG) of key variables


## Estimand of interest

- To gauge impact of type of VA, interested in overall effect
- Involves both
- Direct effect ( $\mathrm{A}->\mathrm{Y}$ )
$\square$ Indirect effect ( $\mathrm{A}->\mathrm{S}->\mathrm{Y}$ )
$\square$ Formulate in terms of potential A outcomes:
$Y^{a_{1}}-Y^{a_{0}} \quad$ singly indexed
$=Y^{a_{1} S^{a_{1}}}-Y^{a_{0} S^{a_{0}}}$ doubly indexed
direct effect: $\quad Y^{a_{1} a_{0}}-Y^{a_{0} S^{a_{0}}}$
indirect effect: $Y^{a_{1} S^{a_{1}}}-Y^{a_{1} S^{a_{0}}}$


## Confounding by indication

$\square$ AVFs given preferentially to healthier subjects
$\square$ Results in confounding by indication

- Often difficult to control using standard methods based on ignorable treatment assignment
- Variety of treatments of dialysis patients in which standard approaches based on ignorability lead to implausible results
- DD choice also nonignorable


## Instrumental variables

- Alternative approach for estimation
- Need to find instrumental variable (R)
- Associated with treatment of interest (A)
- Shares no common cause with outcome (Y)
- Has no direct effect on outcome (exclusion restriction)
- Practice at which dialysis provided reasonable candidate
- Used for various analyses in Dialysis Outcomes and Practice Patterns Study (DOPPS)
- Large, international study with hundreds of practices
- Will assume that holds jointly for VA, DD


## Revise DAG

- Need to elaborate DAG
- Include
- instrument/center (R)
- Measured (X) and unmeasured (U) common causes of variables of interest
- Is R an instrument?



## Graphical criteria for instrument

- Remove effect of treatment(s) of interest
- Check whether R independent of/Dseparated from $Y$
- Consider first for joint effects of $A, S$
$\square$ No directed path from R to Y

- Criterion satisfied


## Overall effect of VA

- Remove effect of treatment of interest
- Check whether R independent of/D-separated from Y
- Directed path R->S->Y
- Criterion not satisfied
- Upshot: R
- Not instrument for overall effect of A
- Instrument for joint effects of A, S


## Estimation

- For overall effects, can't use
- Standard methods based on ignorability
- Instrumental variables methods
$\square$ Sketch two approaches for estimation
- Two-step (based on above graphs)
- One-step (simplify graphs, remove S)
- Compare approaches/extensions


## Two-step approach

- Estimate joint effect of A, S on Y
- Estimate effect of $A$ on $S$
- Combine to obtain overall effect
- In systems of linear models,
 overall effect is sum of
- Direct effect of A: $\Psi_{A}$
- Indirect effect of A: $\psi_{S} \Phi_{\mathrm{A}}$


## Two-step approach ( $1^{\text {st }}$ step)

- Center (R) instrument for joint effect of $A, S$
- Use IV method to estimate effect
- Yas potential outcome
- Model for joint effect:
- $Y^{a s}=Y^{00}+a \Psi_{A}+s \Psi_{S}$
- Rank-preserving/deterministic formulation
- Model for observables
- $E(Y \mid X, R)=E(Y A S \mid X, R)=$
$\mathrm{E}\left(\mathrm{Y}^{00} \mid \mathrm{X}, \mathrm{R}\right)+\mathrm{E}(\mathrm{A} \mid \mathrm{X}, \mathrm{R}) \Psi_{\mathrm{A}}+\mathrm{E}(\mathrm{S} \mid \mathrm{X}, \mathrm{R}) \psi_{\mathrm{S}}=$ $g(X)+E(A \mid X, R) \Psi_{A}+E(S \mid X, R) \Psi_{S}$


## Two-step approach ( $1^{\text {st }}$ step; cont'd)

- Estimation:
- Model:
$\square E(Y \mid X, R)=g(X)+E(A \mid X, R) \psi_{A}+E(S \mid X, R) \psi_{S}$
- 2-stage least squares
$\square$ Estimation requires that $E(A \mid X, R), E(S \mid X, R), g(X)$ not collinear
- Maximum likelihood
- G-estimation (semiparametric); leave $g(X)$ unspecified


## Two-step approach (2 $2^{\text {nd }}$ step)

- Under assumptions
- Effect of A on S confounded
- R not instrument for effect of $A$ on $S$
- Consider alternative
- Linear model for joint effect of $R, A$
- $\mathrm{S}^{r a}=\mathrm{S}^{00}+\mathrm{r} \Phi_{\mathrm{R}}+a \Phi_{\mathrm{A}}$

- Model for observables
- $E(S \mid X, R)=E\left(S^{00} \mid X\right)+R \Phi_{R}+E(A \mid X, R) \Phi_{A}$
- Estimation: 2SLS, G-estimation, etc.
- 2SLS requires full-rank design matrix
- Estimation sensitive to causal model misspecification (interactions of $X$ with A, S)


## One-step approach

- Estimator of effect of A on S does not require either standard ignorability or IV
- Can we do same for overall effect of $A$ on $Y$ ?

- Remove S from graph, redraw diagram
- Graph identical to original graph removing Y
- Use same methods of estimation for effect of $A$ on $S$



## Compare approaches

- Both make no-interaction assumptions
- One-step approach
- Simpler to apply
- Fewer models to misspecify
- Two-step approach
- Effect of misspecification of non-IV model potentially less serious
- Mechanistic understanding
- Alternative estimands


## Alternative estimands

$\square$ Assumed that interested in overall effect

- VA (A) inevitably affects DD (S)
- Type of VA limits possible dose
- However, may be possible to alter DD
- Interested in
- Effect of DD
- Effect of VA if affects DD in different fashion from under current practice


## Alternative estimands (cont'd)

- Show altered effect, new intervention on DAG

4 ${ }_{4}^{\mathrm{Y}}$

- Formulate in terms of potential outcomes
$S^{g, a}$ target level of $S$
under treatment $a$, plan $g$
$E\left(Y^{a 5^{g, a}}\right)$ expected of $Y$ level
R

under treatment $a$, plan $g$
- Contrast for different levels of treatment


## Alternative estimands (cont'd)

- Defining intervention on S
- Individualize target levels of S
- e.g., base on maximum tolerated DD
$\square$ Insufficient information in established databases (e.g, DOPPS)
- Set target level of $S$ based on A, covariates $X$
- Currently little information to set target levels
$\square$ Available covariate information may be insufficient to determine whether particular DD feasible for individual


## Alternative estimands (cont'd)

- Defining intervention on S
- Speculate about feasible interventions on $S$ at aggregate level
$\square$ Consider effects of A on S under those interventions; i.e., propose value for $\Phi_{\mathrm{s}}{ }^{*}$
$\square$ Compute overall effect from component effects: $\psi_{\mathrm{A}}+\psi_{\mathrm{S}} \Phi_{\mathrm{A}}{ }^{*}$
$\square$ Perform sensitivity analysis for values of $\Phi_{A}{ }^{*}$


## Alternative estimands (cont'd)

- Intervene jointly on A, S
- Akin to search for optimal dynamic treatment regime (Murphy, Robins, etc.)
- Search for a, s which maximizes Yas
$\square$ Choice of optimal treatment may depend on prior covariate, treatment history
- Less information available in our problem
- Challenge to people working with dynamic regimes to formalize problem
- Two-stage approach facilitates
- Facilitates mechanistic understanding \& thereby
- Examination of broader range of questions, estimands


## Other settings: gene expression

- Effects of multiple genes on outcomes
$\square R_{A}, R_{S}$ genes
- presumed to share no common causes with other variables
- Mendelian randomization
- A, S biochemical
variables, gene products

- Y
outcome of interest
$\square X, U$ confounders of $A, S$


## Gene expression (cont'd)

$\square R_{A}$ instrument for $A$ (and $S$ )
$\square R_{S}$ instrument for $S$
$\square R_{A}, R_{S}$ instrument for joint effects of $A, S$

- Effects of A, S confounded
- Can use IV methods to estimate

- Component, joint effects, overall effect (2-step approach)
- Overall effect of A (1-step approach)


## Gene expression (cont'd)

- Suppose genes not independent
- Linkage disequilibrium
- On same chromosome (C)
- $R_{A}$ instrument for effect of $A$ (on $S$, overall on $Y$ ) and $S$ conditional on $\mathrm{R}_{\mathrm{S}}$ or C
- $R_{S}$ instrument for $S$ conditional on $\mathrm{R}_{\mathrm{A}}$ or C
- $R_{A}, R_{S}$ (or $R_{A}, C$ or $R_{S}, C$ ) jointly
 instrument for joint effects of $A, S$
- Can use IV methods to estimate
- Component, joint effects, overall effect (2-step approach)
- Overall effect of A (1-step approach)


## Gene expression (cont'd)

- Suppose further that only C (or only $\mathrm{R}_{\mathrm{A}}$ or $\mathrm{R}_{\mathrm{S}}$ ) measured
- Typically don't measure all genes on chromosome (tag-SNPs)
- Remove unmeasured genes ( $R_{A}, R_{S}$ ) from graph, redraw
- Same structure as original graph for VA (substituting C for R)



## Gene expression (cont'd)

- Same methods of inference valid in principle for gene expression, VA
- Difference:
- VA problem: center (R) had many levels
- Gene expression: may have more limited variation in measured levels of C
- Model for observable $Y$ :
- $E(Y \mid X, R)=g(X)+E(A \mid X, R) \psi_{A}+E(S \mid X, R) \psi_{S}$
- Require full rank design matrix, noncollinearity
$\square$ If $R / C$ has 2 levels, require $X$ to be non-null, interactions of $R, X$ in models for $A, S$
$\square$ If R/C has many levels, don't in general require
$\square$ If few levels of R/C, expect intermediate
- Need to formalize


## Mediation

$\square$ Basic ideas

- Break down effects into component parts, mechanistic understanding
- Encompasses
- Direct effects
$\square$ Indirect effects
$\square$ Overall effects
$\square$ Joint effects
- Naturally expressed graphically; useful for
$\square$ Expressing relationships among variables
$\square$ Deriving (conditional) independencies implied by assumptions


## Limitations of graphical approach

- Does poor job of representing interactions
- Can lead to casually assuming no interactions
- Typical in path analytic literature
- Typically do not formally define causal estimands
- Require more explicit consideration of (hypothetical) interventions, potential outcomes


## Interactions

- No-interaction assumptions in models
- $Y^{a s}=Y^{00}+a \psi_{A}+s \psi_{S}$
- No interaction of
$\square a$ and $s$
$\square$ a and $X$
$\square$ S and $X$
$\square$ Individuals and effects of treatment
$\square$ Treatment(s) received and effects of treatment(s)
- Consider in turn


## Interactions among model variables

- Elaborate model $\mathrm{Y}^{\mathrm{as}}=\mathrm{Y}^{00}+\mathrm{a} \Psi_{\mathrm{A}}+\mathrm{S} \Psi_{\mathrm{S}}$
- $Y^{a s}=Y^{00}+\mathrm{aq}_{1}(X) \psi_{A}+\mathrm{sq}_{2}(X) \psi_{\mathrm{S}}+a s \psi_{\mathrm{AS}}$
$\square$ Model for observables
- $E\left(Y^{\mathrm{as}} \mid X, R\right)$
$=E\left(Y^{00} \mid X\right)+E(A \mid X, R) q_{1}(X) \Psi_{A}+E(S \mid X, R) q_{2}(X) \Psi_{S}$ $+E(A S \mid X, R) \psi_{A S}$
- Can estimate with 2SLS, etc.
- Requires design matrix in regression be full rank
- May require interactions in $1^{\text {st }}$ stage models


## Other interactions (1)

- Model as formulated: $Y^{a s}=Y^{00}+a \Psi_{A}+S \Psi_{S}$
$\square$ Effect of a, s same for all subjects
- Deterministic effects/rank-preservation
- Assumptions can be relaxed
- Structural nested distribution models (Robins)
$\square$ Maps distributions of potential outcomes under different treatments
$\square$ Rank preservation imposes no restrictions on observable data beyond model
- Structural nested mean models (Robins)
- Weaker models/fewer assumptions
- Can continue using same estimation procedures


## Other interactions (2)

- Treatment(s) received and effects of treatment(s)
- Have assumed no interaction
- Current treatment interaction (Robins) for s (in mean model):
- $E\left(Y^{A s} \mid X, A, S=s\right)-E\left(Y^{A O} \mid X, A, S=s\right)-E\left(Y^{A s} \mid X, A, S=s^{*}\right)-$ $E\left(Y^{A 0} \mid X, A, S=s^{*}\right)$
- Need to make untestable assumptions about this in order to predict what would happen if set S for all subjects
- Careful consideration of how treatment effects vary with subgroups important
- also done (in finer partition of data in principal stratification framework)


## Interactions in 2-step procedures

- Covariate (X) by treatment (a,s) interactions
- $\Psi_{\mathrm{Ax}} \quad$ effect of A on Y at covariate level X (etc.)
- Easy to estimate X-specific overall (indirect) effects $\psi_{\mathrm{AX}}+\psi_{\mathrm{SX}} \Phi_{\mathrm{AX}}\left(\psi_{\mathrm{SX}} \Phi_{\mathrm{AX}}\right)$
- Aggregate/average effects: average over distribution of $X$


## Interactions in 2-step procedures (2)

$\square$ Interactions of A by S

- Overall effect uniquely defined
${ }^{-} \psi_{A}+\left(\psi_{S}+\psi_{\text {AS }}\right) \Phi_{A}+S^{0} \psi_{A S}$
- Direct/indirect effects not uniquely defined
- Can compute from model
- Further developments needed for
- Non-rank-preserving models
- Presence of current treatment interaction


## Other issues

- Models/extensions already considered in some details
- Failure-time outcomes
- Time-varying S
- Extensions required
- Binary outcomes (e.g., logistic regression, etc.)
- More general nonparametric formulation of
- problems
- estimation procedures


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## Papers

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